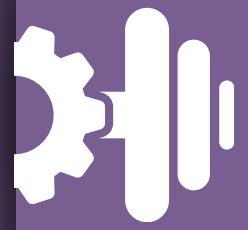


PROGRAM EDUCATIONAL OBJECTIVES (PEO)

PEO1



Demonstrate values, accountability and professionalism in engaging with society and stakeholders.

PEO2



Health and Fitness practitioner who work collectively and have professional attitude and ethic in fulfilling practical responsibilities towards the Creator, the society and the industry.

PEO3



Health and Fitness practitioner who are able to communicate and deliver new solutions to the international work environment with current scientific knowledge and skills related to health and fitness.

PEO4



Health and Fitness practitioner who have strong entrepreneur and leadership qualities that can lead all level of organizations related to the field of health and fitness.

SR245

PROGRAMME LEARNING OUTCOMES (PLO)

SR245

Apply fundamental knowledge of health and fitness in healthy lifestyle practices

PL01

Apply critical and creative thinking skills to efficiently provide scientific and practical solutions towards issues of health and fitness

PL02

Conduct movement skills, exercise skills, and laboratory technology techniques in promoting healthy and fit lifestyle for the society

PL03

Commit to have good interaction to share knowledge with the society and stakeholders

PL04

Integrate effective communication in conveying information related to health and fitness industry

PL05

Competently use the broad range of digital technology and relevant software to approach and manage information associated with the health and fitness industry

PL06

Able to analyse numerical information in deciding and concluding the related health and fitness issues to stakeholders

PL07

Demonstrate good leadership and managerial skill in specific working environment

PL08

Demonstrate self-confident abilities adapted through independent learning in the health and fitness industry

PL09

Integrate entrepreneurial opportunity and innovation skills in the related health and fitness industry

PL010

Demonstrate professionalism, attitudes, and values in engaging with society and stakeholders

PL011